



VASHON PRESBYTERIAN - VASHON YOUTH & FAMILY SERVICES

ENDING THE SILENCE

A COMMUNITY CONVERSATION ABOUT MENTAL
ILLNESS

SATURDAY, NOVEMBER 10TH

9 AM – 3 PM (LUNCH WILL BE PROVIDED)

VASHON PRESBYTERIAN CHURCH

Keynote Speakers from NAMI will feature a young adult living with mental illness and family members who walk alongside.

Morning and afternoon workshops will include Suicide Prevention, Support for Families Dealing living with Mental Illness (with a planned ongoing support group) and opportunity to follow up with keynote speakers.

Suggested donation \$10/person. No one will be denied for lack of funds.

Questions and to RSVP – PastorLeigh@comcast.net
or call 425.221.1142

SPONSORED BY VPC, VYFS AND OCCU