

**St. Catherine of Siena Mental Health Ministry Team  
Educational Forum**

**Thursday, November 29, 2018, 7:00-9:00 PM**

**St. Catherine of Siena Parish**

**Music Room, Victoria Hall**

**814 NE 85<sup>th</sup> Street**

**Seattle, WA**

**How to Support a Friend with Suicide Loss;  
How to Recognize & Refer Someone who is Considering  
Suicide**



**Please join us for a presentation by Marny Lombard of Forefront Suicide Prevention at UW. She will share her experience in learning how to live with the grief of a suicide loss, and ways you can support a friend who has suffered a suicide loss. She also will talk about how to recognize warning signs of suicide risk and steps you can take to connect that person with help.**

**RSVP:** Trez – 206-930-2739 or [bucklandmike@hotmail.com](mailto:bucklandmike@hotmail.com)