

Catechetical Formation in Chaste Living	
Received Teaching of the Church	Religion Grade Level Standards
<p>1. Human beings are created in God's own image and created for love: to receive God's love in order to love God, ourselves, and our neighbor; and to receive love from others. To love is to will the good of another.</p>	<p><b>K-ME-HP-1</b> Begin to understand that all are made in the image and likeness of God.</p> <p><b>1-ME-HP</b> Recall that God loves us so much that human beings are made in God's image with body and <u>soul</u>.</p> <p><b>2-KF-R</b> Recognize that each person is made in the image and likeness of God and meant to live forever with God.</p> <p><b>2-ME-HP-1</b> Articulate that they are created in God's image.</p> <p><b>2-ME-HP-2</b> Recognize that we are made in God's image and likeness to know, love and serve God and to be happy with Him forever.</p> <p><b>2-LCH-MC-3</b> Understand that all people are made in the image and likeness of God.</p> <p><b>3-ME-HP-1</b> Realize what it means to be made in God's image – body and immortal soul.</p> <p><b>3- CMLS-EDNE</b> Understand that all people are made in the image and likeness of God.</p> <p><b>4-ME-HP-1</b> Understand that God created us in His image with a unique body and unique soul, therefore all human life is <u>sacred</u>.</p> <p><b>4-LCH-MC-3</b> Realize the obligation of being made in God's image by taking care of my body as the "<u>Temple of the Holy Spirit</u>."</p> <p><b>5 CMLS-EDNE</b> Articulate that all people are made in the image and likeness of God and express their belief in God in different ways.</p> <p><b>7-ME-HP-1</b> Identify how we are created in God's image.</p> <p><b>8-ME-HC-2</b> Explain how their creation in God's image underlies <u>Catholic Social Teaching</u> (innate dignity of all humans.)</p>
<p>2. Individually, as male or female, human beings reflect creation in the image and likeness of God by having an intellect, a free will, and the capacity of free truly human and moral acts. A person's gender is also constitutive of his or her nature and spirituality.</p>	<p><b>1- ME-HP-3</b> Understand that we make choices (<u>free will</u>) to love God and others.</p> <p><b>2-ME-HP-3</b> Understand that God gave us an <u>intellect</u> and <u>free will</u> to choose what is right and avoid what is evil.</p> <p><b>3-ME-HP-3</b> Show understanding that God gives us a <u>free will</u> so that we might freely love, honor, and obey God.</p> <p><b>4-ME-HP-3</b> Recognize that God creates human beings: body and soul having intellect and free will.</p> <p><b>8-ME-HP-3</b> Describe free will and the corresponding responsibilities to choose wisely and to form our conscience throughout our lives.</p>

<p>3. Being created in God's image also enables human beings to share in Trinitarian love, and to express love in marriage through the generation of new life and through self-donation. This call to communion is revealed in the complementarity of the bodies of men and women, which are capable of becoming "one flesh" and expressing the mutual gift of self that marriage ought to be.</p> <p>4. Adam and Eve shared in God's friendship (grace) but lost it through a free act of disobedience called Original Sin. "Although set by God in a state of rectitude, man, enticed by the evil one, abused his freedom at the very start of history. He lifted himself up against God and sought to attain his goal apart from him." By his sin,</p>	<p>2-LE-S-3 Identify and describe the two <u>Sacraments in Service of Communion: Marriage and Holy Orders</u>.</p> <p>2-LE-S-3 Recognize marriage is between one man and one woman, who together make a promise to be partners for life.</p> <p>2- LE-S-3 State that God created man and woman to love one another as husband and wife; God's love is unlimited.</p> <p>2- LE-LR-4 Understand that Catholic marriage (<u>Holy Matrimony</u>) is a sacrament with special blessings for the couple to love one another as Christ modeled for all.</p> <p>3- LE-LR-4 Understand that Catholic marriage (<u>Holy Matrimony</u>) is a sacrament that takes place in a church and there are special blessings for the couple.</p> <p>3-LE-S-3 Understand that those who receive the Sacraments in Service of Communion through <u>Marriage</u> and <u>Holy Orders</u> help others through serving and loving all people.</p> <p>4- LE-LR-4 Recall that <u>Holy Matrimony</u> is a sacrament that takes place in a church with special blessings for the couple.</p> <p>5- LE-S-3 Articulate how the Sacrament of Marriage calls each spouse to model the love of the Trinity.</p> <p>5- LCH-CF-5 Identify qualities of people who joyfully live out the vocation of Marriage.</p> <p>6- LE-S-3 Relate and apply Old Testament events to the Sacraments at the Service of Communion – marriage and holy orders.</p> <p>6- LE-S-3 Connect the sacrament of marriage to the second story of creation.</p> <p>7- LE-S-3 Understand and explain that Catholic marriages are called to witness to the Trinitarian love of Christ.</p> <p>8- LE-S-3 Recall and understand that Catholic marriages are called to witness to the Trinitarian love of Christ.</p> <p>2-KF-R-2 Retell the <u>Creation</u> and the <u>Fall narrative</u> in own words: e.g. sin, freedom, and <u>grace</u>.)</p> <p>2-KF-T Recognize God the <u>Holy Spirit</u> lives within us, gives us the gift of grace, and helps us make right choices.</p> <p>2-LE-S Describe the meaning of a sacrament as effective signs of God's grace.</p> <p>2-ME-HP-5 Recognize that God's help enables us to grow in <u>virtue</u> and grace.</p> <p>2-LE-S Define <u>grace</u> as a gift from God that helps each of us grow in holiness.</p> <p>3-LE-S Define <u>Sacrament</u> as an outward sign instituted by Christ to give grace.</p>
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<p>Adam, as the first man, lost the original holiness and justice he had received from God, not only for himself but for all human beings. Adam and Eve transmitted to their descendants a human nature wounded by their own first sin and hence deprived of original holiness and justice; this deprivation is called "Original Sin."</p>	<p>3-LE-S Understand <u>grace</u> as the free and undeserved gift God gives us to respond to our vocation.</p> <p>3- CMLS-EDNE Understand that God's grace calls and strengthens us to be disciples of Christ.</p> <p>4-LE-S Explain in own words how God's gift of <u>grace</u> will help them live a moral life.</p> <p>5- LE-S Recognize that while sanctifying the individual person through the <u>sacraments</u>, the communal celebration sanctifies all members of the Church through God's action and grace.</p> <p>5-LE-LR-4 Know the <u>Sacrament of Matrimony</u> signifies the union of Christ and the Church, giving the spouses the grace to love one another with the love with which Christ loved His Church.</p> <p>8-ME-HP-5 Demonstrate virtuous living as a way to opening to God's grace.</p>
<p>5. The effects of Original Sin include</p> <ul style="list-style-type: none"> <li>• Loss of God's friendship (grace)</li> <li>• Damage to the harmony between body, intellect and will</li> <li>• Reduced ability to love one another unselfishly</li> <li>• Experience of shame</li> <li>• Confusion about the nature and purpose of the human body</li> <li>• Being subject to other temptations to sin and to concupiscence</li> <li>• Death</li> </ul>	<p>ME-HC-1 Begin to understand the word <u>sin</u> referring to when we hurt others and don't listen to God.</p> <p>K-ME-HC-1 Understand when we <u>sin</u> through selfish actions, we hurt ourselves and others.</p> <p>1-ME-HC-1 Recognize the difference between sin as a choice and making a mistake.</p> <p>1- ME-HC-1 Explain that <u>sin</u> is turning away from God.</p> <p>2-ME-HC-1 Distinguish the difference among temptation, accident and sin.</p> <p>2-ME-HC-1 Define sin as choice we make to turn away from God and repentance as turning back to God.</p> <p>2-ME-HC-1 Define <u>venial sin</u> and <u>mortal sin</u>.</p> <p>2-ME-HC-1 Give examples of how sin affects their relationship with God, neighbor, and creation.</p> <p>2-ME-HC-1 State that God forgives our sins no matter how serious they are, and Identify ways to make up for sin.</p> <p>2-ME-HC-1 Name how God's help enables us to avoid sin.</p> <p>3-ME-HC-1 Define <u>sin</u> as a decision we make to follow our way and not God's way and <u>repentance</u> as turning back to God's way.</p>

	<p>3-ME-HC-1 Give examples of <u>venial</u> and <u>mortal</u> sins.</p> <p>3-ME-HC-1 Exhibit understanding that we experience God's forgiveness when we are sorry for our sins.</p> <p>3-ME-HC-1 Define <u>sin</u> as a decision we make to follow our way and not God's way and <u>repentance</u> as turning back to God's way.</p> <p>3-ME-HC-1 Give examples of <u>venial</u> and <u>mortal</u> sins.</p> <p>3-ME-HC-1 Exhibit understanding that we experience God's forgiveness when we are sorry for our sins.</p> <p>4-ME-HC-1 Define <u>sin</u> in relation to our thoughts, words and actions.</p> <p>4-ME-HC-1 Identify and understand the origins of sin, <u>Original Sin</u>, as given in the Old Testament creation accounts.</p> <p>4-ME-HC-1 Recall that personal sin can have different degrees such as <u>venial or mortal</u></p> <p>4-ME-HC-1 Show understanding of the reality of sin and its consequences in the world.</p> <p>5- ME-HP-3 Describe why <u>sin</u> offends God and neighbor and is a failure to love</p> <p>5- ME-HP-3 Explain consequences of making sinful choices.</p> <p>5- ME-HP-3 Recognize the necessary conditions for sin and its</p> <p>6- ME-HP-3 Describe the Fall and the sinfulness of humanity as <u>Original Sin</u>: a reality of human existence.</p> <p>6- ME-HC-1 Describe how <u>Original Sin</u> continues to affect us personally and in society today.</p> <p>6- ME-HP-3 Give examples of suffering and promise in the Old Testament and in the world today and understand how sin damages our ability to live within a <u>covenant</u>.</p> <p>6- ME-HC-1 Reflect on the second story of creation and understand that sin separates us from God and one another.</p> <p>7- ME-HC-1 Describe the effects of <u>Original Sin</u>.</p> <p>7- ME-HP-3 Identify and cite examples of Jesus' reaction to sin and sinners in the Gospels.</p> <p>7- ME-HP-3 Cite New Testament examples of sin and forgiveness, and explain how turning away from God affects their lives and relationships.</p> <p>8-ME-HP-3 Define sin as turning away from God and reconciliation as turning back to God.</p> <p>8-ME-HP-3 Describe consequences of positive and negative behaviors/actions and how sin affects the whole community.</p>
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	<p><b>8-ME-HC-1</b> Give examples from Church history of how sin separates us from God's promise of salvation and <u>reconciliation</u> brings us back.</p> <p><b>8-ME-HC-1</b> Explain how sin separate us from a good relationship with God, and inhibits us from responding to the call of salvation by God through Jesus.</p>
<p>6. God did not abandon his people. From the moment the first humans committed Original Sin, God revealed his plan for everyone's redemption.</p>	<p>(See #4 above.) All of KF-R-2 – Salvation History</p>
<p>7. To accomplish our redemption, God the Father sent his son, Jesus Christ, true God and true man, to give us the Holy Spirit.</p>	<p>KF-R-3 – Christology</p>
<p>8. Jesus Christ knows and loves us, and by his suffering and death, he gives himself up for each one of us and brings about our redemption within the community of the church.</p>	<p>KF-R-3 – Christology</p>
<p>9. Not only did Jesus Christ, the Son of God, redeem us, he also taught us how to live and gave us the gift of new life through the power of the Holy Spirit.</p>	<p>KF-R-3 – Christology</p>
<p>10. Christian morality consists in following Christ, being transformed by his grace and renewed in his mercy.</p>	<p>Task 3 – Morality / Life in Christ</p>

<p>11. Moral formation involves a journey of interior transformation that deepens one's personal conversion to Christ.</p>	<p>Task 3 – Morality / Life in Christ</p>
<p>12. We do not lead the moral life on our own. God helps and transforms us from within by the power of his grace. In freedom, we are called to cooperate with God's grace.</p>	<p>Task 3 – Morality / Life in Christ</p>
<p>13. A virtue is a habitual and firm disposition to do what is right and good.</p>	<p>PK-ME-HP-5 Begin to recognize the word <u>virtue</u> as a gift from God to do good things.</p> <p>K-ME-HP-5 Recognize the word <u>virtue</u> as a gift from God to do good things.</p> <p>1-ME-HP-5 Recall the word <u>virtue</u> as a gift from God to do good things.</p> <p>2-ME-HP-5 Name a virtue, describe it as a good habit that helps us love as God loves us, and recognize that virtue is a choice.</p> <p>2-ME-HP-5 Recognize that God's help enables us to grow in <u>virtue</u> and grace.</p> <p>3-ME-HP-5 State meaning of virtue in relationship to the Christian life.</p> <p>3-ME-HP-5 Describe how the Church helps them grow in <u>virtue</u> and holiness.</p>
<p>14. The cardinal virtues of prudence, justice, fortitude, and temperance play a pivotal role in governing our actions, ordering our passions, and guiding our conduct according to reason and faith. These virtues are acquired by human efforts as a result of education, by deliberate acts, and by perseverance ever renewed in repeated morally good acts. All human virtues are related to the cardinal virtues, and all are purified and elevated by divine grace.</p>	<p>4-ME-HP-5 Name and define the <u>Cardinal Virtues</u> as ways of living as disciples of Jesus: <u>prudence</u>, <u>justice</u>, <u>fortitude</u> and <u>temperance</u>.</p> <p>5-ME-HP-5 List the <u>Cardinal Virtues</u> and explain their effects on the life of a Christian.</p> <p>5-ME-HP-5 Recite and demonstrate ways to practice <u>Theological Virtues</u>.</p> <p>6- ME-HP-5 Connect each of the <u>Cardinal</u> and <u>Theological Virtues</u> with people from the Old Testament.</p> <p>7- ME-HP-5 Define and find scriptural examples of the <u>Cardinal</u> and <u>Theological Virtues</u> as modeled by Jesus and others in the New Testament.</p> <p>8-ME-HP-5 Demonstrate virtuous living as a way to opening to God's grace.</p>

<p>15. The theological virtues of faith, hope, and love (charity) are the foundation of Christian moral activity. They animate it and give it a special character. They aid persons to grow in a generous and self-giving love that is the foundation for chaste life.</p>	<p>3-ME-HP-5 Recognize the <u>Theological Virtues</u> given at Baptism: <u>faith, hope and love</u>.</p> <p>4-ME-HP-5 Define what it means to be a "disciple," building on the <u>Theological Virtues</u> of <u>Faith</u>, <u>Hope</u> and <u>Charity (love)</u>.</p> <p>8-ME-HP-5 Identify a <u>virtue</u> you strive to live out in daily life and explain how this virtue helps you grow as a person.</p> <p>8-ME-HP-5 Identify a saint who exemplifies a specific virtue.</p>
<p>16. The seven gifts of the Holy Spirit are wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord. They complete and perfect the virtues of those who receive them.</p>	<p>4-LE-S-1 Examine and explain what special gifts one receives through the Sacrament of Confirmation: <u>Gifts of the Holy Spirit</u>, <u>Fruits of the Holy Spirit</u>.</p> <p>4-LCH-CF-4 Define <u>Gifts of the Holy Spirit</u>. (Gift – freely given to those in a state of <u>grace</u>.)</p> <p>4-LCH-CF-4 Define <u>Fruits of the Holy Spirit</u>. (Fruits of the Holy Spirit are developed over time as we live out the Gifts of the Holy Spirit.)</p> <p>8-KF-T List the Gifts of the Holy Spirit, the purpose of each gift, and identify outward expressions of those gifts.</p>
<p>17. It is not easy for man, wounded by sin, to maintain moral balance. Christ's gift of salvation offers us the grace necessary to persevere in the pursuit of the virtues. Everybody should also ask for this grace of light and strength, frequent the sacraments, cooperate with the Holy Spirit, and follow his call to seek what is good and avoid evil. If we are united with the Lord, we will reach fulfillment in the glory of heaven.</p>	<p>Task 3 – Morality / Life in Christ</p>
<p>18. This glory is experienced in part through the twelve fruits of the Holy Spirit at work in us: charity, joy, peace, patience, kindness, goodness, self-control, chastity.</p>	<p>4-ME-HP-2 List and define the fruits of the Holy Spirit: <u>charity</u>, <u>joy</u>, <u>peace</u>, <u>patience</u>, <u>kindness</u>, <u>goodness</u>, <u>long suffering</u>, <u>mildness</u>, <u>faith</u>, <u>modesty</u>, <u>continency</u> and <u>chastity</u>.</p>

<p>19. The Ten Commandments, the Beatitudes, and the Four Precepts of the church instruct us in how we are to live our lives in union with God.</p>	<p>2-ME-HP-3 Understand and experience the <u>examination of conscience</u>.</p> <p>2-ME-HP-4 Know the <u>Ten Commandments</u> are laws given to us by God to help us respect and love one another.</p> <p>2-ME-HP-4 Describe God's "<u>Covenant Relationship</u>" in own words.</p> <p>3-ME-HP-4 Know the Scripture story of God and Moses.</p> <p>3-ME-HP-4 Recognize that the Ten Commandments as a <u>covenant</u> with God's people given by God to Moses.</p> <p>3-ME-HP-4 Demonstrate an understanding that the Ten Commandments serve as a guide to living as disciples of Jesus.</p> <p>4-ME-HP-3 Demonstrate how to examine one's conscience using the <u>Ten Commandments</u>, <u>Beatitudes</u> and <u>Works of Mercy</u>.</p> <p>4-ME-HP-4 Define <u>covenant</u> in own words.</p> <p>4-ME-HP-4 Know God revealed the <u>covenant</u> to Moses on Mount Sinai.</p> <p>4-ME-HP-4 Recite the Ten Commandments and be able to rephrase with examples from our lives.</p> <p>4-ME-HP-4 Understand that the first three Commandments are about our relationship with God and the last seven are about our relationship with other people.</p> <p>4-ME-HP-4 Define <u>Decalogue</u>.</p> <p>5-ME-HP-2 Name the <u>Beatitudes</u> and describe how to practice them in daily life.</p> <p>5-ME-HP-2 Identify the Eight Beatitudes as Jesus' teaching about the Kingdom and moral goodness.</p> <p>5-ME-HP-2 Identify the <u>four levels of happiness</u> and how the <u>Beatitudes</u> help us achieve happiness through the grace of God</p> <p>6-ME-HP-2 Compare and relate the Ten Commandments to the Beatitudes in the New Testament.</p> <p>7-ME-HP-2 Name the characteristics of <u>God's Kingdom</u> found in the Beatitudes as the fulfillment of the Ten Commandments.</p> <p>7-ME-HP-2 Associate the <u>Beatitudes</u> with current events and people in society who are building and discovering God's Kingdom.</p> <p>7-ME-HP-2 Use the Beatitudes as a tool for <u>conscience formation</u>.</p> <p>8-ME-HP-2 Recall that God made human beings with freedom to act responsibly when confronted with moral choices.</p> <p>8-ME-HP-2 Articulate how happiness is found in serving others in the name of Christ and how the Beatitudes challenge and show us the path to authentic happiness.</p>
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<p>20. Chastity is a virtue that allows us to do what is right, good, and truly loving in the areas of relationship and sexuality. All the baptized are called to cultivate this spiritual power which frees love from selfishness and aggression. The virtue of chastity shines out with incomparable splendor in the virginity of Jesus Christ.</p> <p>21. Chastity promotes the full integration of sexuality within person, in accord with their state of life – married, single, professed religious, or consecrated celibate. Chastity promotes abstinence from immoral sexual activity.</p> <p>22. Chastity includes an apprenticeship in self-mastery, which is a training in human freedom and which is the result of long and hard personal and interior work.</p> <p>23. Chastity flows from the moral virtue of temperance that helps us direct our sexuality in sexual desires toward authentic love and away from using persons as objects for sexual pleasure. Chastity is not a matter of repression of sexual feelings and temptations but is the successful integration of the gift of sexuality within the whole person. To</p>	<p>K- LCH-MC-3 Begin to understand that the Holy Spirit lives in each one of us and helps us make good choices.</p> <p>1- LCH-MC-3 Know that the Holy Spirit lives in each one of us and helps us to respect ourselves and others.</p> <p>2-LCH-MC-3 Identify that God's Holy Spirit lives in each person and inspires us to be holy.</p> <p>3-LCH-MC-3 Identify that God's Holy Spirit lives in me and inspires me to be holy as Jesus' disciple.</p> <p>4-LCH-MC-3 Realize the obligation of being made in God's image by taking care of my body as the <u>"Temple of the Holy Spirit."</u></p> <p>5 LCH-MC-3 Associate the presence of the Holy Spirit within us and the importance of chastity.</p> <p>6- LCH-MC- 3 Explain why we respect our body and the bodies of others because we are all temples of the Holy Spirit.</p> <p>7-LCH-MC-3 Name and explain situations that do and do not honor chaste living – honoring our bodies as <u>Temples of the Holy Spirit</u>.</p> <p>8-LCH-MC-3 Appreciate the benefits of chastity/chaste lives with maintaining our bodies as <u>Temples of the Holy Spirit</u>.</p> <p>2-LE-S-3 Identify and describe the two <u>Sacraments in Service of Communion: Marriage and Holy Orders</u>.</p> <p>2-LE-S-3 Recognize marriage is between one man and one woman, who together make a promise to be partners for life.</p> <p>2-LE-S-3 State that some are called to serve the Church as <u>ordained deacons, priests, or bishops</u>.</p> <p>3-LE-S-3 Understand that those who receive the Sacraments in Service of Communion through <u>Marriage</u> and <u>Holy Orders</u> help others through serving and loving all people.</p> <p>3- LE-S-3 State that God created man and woman to love one another as husband and wife; God's love is unlimited.</p> <p>3-LE-S-3 Recognize that some men are called to serve the Church as <u>ordained deacons, priests, or bishops</u>.</p> <p>5- LE-S-3 Articulate how the <u>Sacraments at the Service of Communion</u> are ways to serve God, the Church, and the broader human community.</p> <p>5- LE-S-3 Articulate how the Sacrament of Marriage calls each spouse to model the love of the Trinity.</p> <p>5- LE-S-3 Recognize and list the <u>degrees of Holy Orders</u>.</p>
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<p>integrate the gift of sexuality means to make it subordinate to love and respect through the practice of chastity.</p>	<p>6- LE-S-3 Relate and apply Old Testament events to the Sacraments at the Service of Communion – marriage and holy orders.</p> <p>6- LE-S-3 Connect the sacrament of marriage to the second story of creation.</p> <p>6- LE-S-3 Locate and cite stories describing marital fidelity that model God's faithfulness in the Old Testament: e.g., Sarah and Abraham, Song of Songs 2:6.</p> <p>7- LE-S-3 Understand and explain that Catholic marriages are called to witness to the Trinitarian love of Christ.</p> <p>7-LE-S-3 Recall the Sacrament of Holy Orders as a vocation through the Sacrament at the Service of Communion for God and his people.</p> <p>8- LE-S-3 Understand that priests promise to be celibate to give themselves fully to God and to be of service to God's people.</p> <p>8- LE-S-3 Recall and understand that Catholic marriages are called to witness to the Trinitarian love of Christ.</p>
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