

The Catholic Academic Decathlon

Prepare This Summer. Rise This Fall.

Plan your team structure early

One of the best ways to set your team up for success is to determine what your study structure will look like before the school year begins.

Consider questions like:

- Will Decathlon run as an elective or enrichment opportunity?
- Will students meet during lunch, after school, or during advisory?
- How often will your team practice?
- Who will coach each subject area?
- Will parent volunteers or alumni support study sessions?

Having these systems in place before fall helps reduce stress, creates consistency for students and staff, and allows your team to focus on collaboration, confidence, and growth from day one.

Why Schools Love the Academic Decathlon

- Builds school pride and community
- Encourages academic excellence
- Strengthens student confidence
- Celebrates teamwork and grit
- Gives students an opportunity to shine beyond athletics



Curious what CAJHD looks like in Seattle? Scan here to learn more

